



ROAD TO BIBLICAL SHALOM

**Breaking Bondage
in
Your Community**

A seven day prayer guide





OUR PRAYER

Our prayer in providing this resource is to see individuals, communities, and cities changed by the power of Jesus Christ. “This is eternal life, that they know you, the only true God, and Jesus Christ whom you have sent” (John 17:3). We believe transformation happens as people see Christ accurately and rightly value Him.



THE GOSPEL

The Gospel of Jesus Christ comes with the promise of freedom. God’s love is redemptive, restorative, and transformational. We read in 2 Corinthians 5:17, “Therefore, if anyone is in Christ, he is a new creation; the old has passed away, and see, the new has come!”



THE CHURCH

The Church is called to stand in the gap (Ezekiel 22:30) and intercede for those who cannot pray for themselves. We can and must ask the Holy Spirit to stir hearts and open minds to the truth of God’s word. We unite in prayer for our neighbors, to seek the well-being of the cities in which we live, and to proclaim the gospel of Jesus Christ.



CONTENTS

- Pg. 1: Booklet Guide
- Pg. 2: Introduction to Intercession
- Pg. 3: Prayer Guide Day 1
- Pg. 4: Prayer Guide Day 2
- Pg. 5: Prayer Guide Day 3
- Pg. 6: Prayer Guide Day 4
- Pg. 7: Prayer Guide Day 5
- Pg. 8: Prayer Guide Day 6
- Pg. 9: Prayer Guide Day 7
- Pg. 10: Community Intercession

COMMUNITY INTERCESSION

LOVE

Think and pray about why you love the community where God has placed you.

RESPOND

Think, pray, and act. Write down the actions God is calling you to enact for your community.

LAMENT

Think and pray about those things in your community that cause you to lament. Consider the brokenness and hurt that you see and the different ways that the Adversary and sin wounds and oppresses your neighbor.

REPENT

Think and pray about the community’s sins and the idolatry that must be vocalized for healing to take place. The word of God consistently relates the confession of sin to healing and restoration. (1 John 1:9)

“Therefore, confess your sins to one another and pray for one another, so that you may be healed. The prayer of a righteous person is very powerful in its effect.”

James 5:16

We encourage you to use these practical ways to intercede for your community. Gather in groups of intercessors and take these prayer starters to the streets of your community. Let the Holy Spirit speak to you as you consider your ways and let your heart be aligned with the Father’s heart.

~Adapted from Prayer Revolution by John Smed~

Our Father in Heaven, we bless Your Holy Name and we worship and thank you as the

Resurrection

Jesus the Resurrection has risen from the dead. He has given us a new life; a living hope; and an imperishable inheritance.

“Because of his great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead and into an inheritance that is imperishable, undefiled, and unfading, kept in heaven for you.”

1 Peter 1:3-4

Come near to God in prayer on behalf of those in your community who are: **incarcerated and their families**

Pray that the families, the spouses, and the children of prisoners would be sustained, protected, provided for, and honored rightly.

Pray that those released from prison would find help, community, wisdom and strength to live godly, abundant lives.

Pray that people in jails and prisons will hear the gospel and follow Christ. Ask God to subdue the powers of the evil one who holds people in darkness.

Sample Intercession:

Scripture: God, may _____ know that his/her old sinful self was crucified with Christ so that sin might lose its power in his/her life; that _____ must no longer be a slave to sin.

Romans 6:6; Ephesians 2:5

Action: Pray for people to understand that those incarcerated are image bearers of God, and develop a relationship with someone who works in the department of corrections to minister to them and lift their burden. As a church, seek to minister to those in prison and their families.

An Introduction to Intercession for Your Family or Your Neighbor

We believe that the God-ordained purposes for your community will be released by the unified prayers of Christians as they rise to ask for awakening and revival in their city. Intercessory prayer is vital as every expansion of God’s kingdom begins and is fueled by prayer.

- ① Praise and Worship the Lord.
- ② Pray in faith according to the Word of God.
- ③ Pray for yourself. Confess and repent over known sins.
- ④ Create a list of people to pray for and say their names aloud.
- ⑤ In the Name of Jesus, ask the Lord for the spirit of conviction (repentance) and the righteousness of God to fall upon each person on your list.
- ⑥ In the Name of Jesus, ask the Lord to save each person on your list that is not born again.
- ⑦ In the Name of Jesus, ask the Lord to cause each prodigal on your list to return to Him.
- ⑧ In the Name of Jesus, ask the Lord to use each person on your list for His Kingdom and for His glory.
- ⑨ Declare that there will be salvation, healing, and deliverance, in the Name of Jesus, to all those that are on your list.
- ⑩ Praise and worship the Lord. Thank the Lord for hearing your prayers and believe He will answer.

“Prayer can do anything God can do.” - E.M. Bounds

The power of prayer is found in the power of God which can reach to every corner of the earth!

~Adapted from the Revival 4 Survival website and Moms in Prayer Intl.~

Our Father in Heaven, we bless Your Holy Name and we worship and thank you as

Deliverer

"A Deliverer is the One who sets people free from captivity, hardship, and evil."

"It will be a sign and a witness to the Lord of hosts in the land of Egypt. When they cry to the Lord because of oppressors, he will send them a savior and defender, and deliver them."

Isaiah 19:20

Come near to God in prayer on behalf of:

substance abuse

- **Pray** that God will break every form of bondage, and heal the minds and bodies of those who abuse substances.
- **Pray** for wise counselors and faith-based ministries to bring intervention and help.
- **Seek God** to open their eyes and turn them from darkness to light, from the power of Satan to God, and from self-centered living to a lifestyle of following Christ.

Sample Intercession:

Scripture: Lord, may you be _____'s rock, fortress, and deliverer; his/her God and strength in whom _____ takes refuge.

Psalm 18:2

Action: Prayer walk in your community and consider who may be bound by addiction to drugs and alcohol. Consider your unique giftings and ask the Holy Spirit to guide you to find and do acts of mercy in your community.

Our Father in Heaven, we bless Your Holy Name and we worship and thank you as

Trustworthy

"Our Trustworthy God is worthy of confidence, reliable, faithful, and dependable."

"The works of his hands are truth and justice; all his instructions are trustworthy. 8 They are established forever and ever, enacted in truth and in uprightness."

Psalm 111:7-8

Come near to God in prayer on behalf of:

marriages, mothers, fathers, and single parents

- **Pray** that fathers will look to God as the ultimate spiritual leader of their household and nurture and support their families
- **Pray** that God would refresh mothers in the honor and glory of motherhood and strengthen them to serve their families.
- **Pray** for Christ-centered single parent ministries to help single parent families strengthen and thrive.
- **Thank God** for strong marriages that reflects His faithfulness and beauty.

Sample Intercession:

Scripture: Lord, may _____ trust in You and renew his/her strength. May he/she soar on wings like eagles;

Isaiah 40:31

Action: Prayer walk your neighborhood and intercede for fathers, mothers, and families. Pray that homes become a house of prayer and Bible reading and that Christ is re-centered in homes.

Our Father in Heaven, we bless Your Holy Name and we worship and thank you as

Revealer

God the Revealer is One who makes known, brings into view or discloses.

“May the name of God be praised forever and ever, for wisdom and power belong to him...He gives wisdom to the wise and knowledge to those who have understanding. He reveals the deep and hidden things; he knows what is in the darkness, and light dwells with him.”

Daniel 2:19-22

Come near to God in prayer on behalf of:

mental illness or depression

- **Pray** that God's healing presence will reach them and that the light of truth will dispel lies and the oppressive power of Satan.
- **Pray** that God would provide wise, biblical counselors who can assist in the healing of wounds to the body, soul, mind, and spirit.
- **Pray** that those who suffer can know the comfort and joy of the word of God and the Holy Spirit for the renewing of their minds in Christ Jesus.

Sample Intercession:

Scripture: Glorious Father, we ask that You give _____ the Spirit of wisdom and revelation, so that he/she may know You better.
Ephesians 1:17

Action: Ask God to bring to mind at least one specific person who suffers from depression and encourage them today. Pray for them, write a note or text, or give this person a call. Speak life to them in the Name of Jesus Christ.

Our Father in Heaven, we bless Your Holy Name and we worship and thank you as

Miracle Worker

A Miracle-Worker is One who performs unexplainable and supernatural acts.

“When the Sabbath came, he began to teach in the synagogue, and many who heard him were astonished. ‘Where did this man get these things?’ they said. ‘What is this wisdom that has been given to him, and how are these miracles performed by his hands?’”

Mark 6:2

Come near to God in prayer on behalf of:

homelessness and food insecurity

- **Pray** for immediate relief, shelter, food, and healthcare and ask that Christ will restore stability and hope for the future.
- **Pray** that God will also meet the spiritual needs of those facing food insecurity and deliver them from cycles of despair.
- **Pray** for needs to be answered in supernatural ways, pointing people to the Miracle-Worker, and bringing a transforming belief in God who can meet all their needs. (Philippians 4:19).

Sample Intercession:

Scripture: Lord, we ask that you lift _____ out of their affliction and increase his/her resources.
Psalm 107:41

Action: Ask the Holy Spirit to bring to mind those that you have wrongly judged. Repent of every way your judgment has separated you from those Jesus loves, asking for a heart that aligns with His compassion and mercy.

Our Father in Heaven, we bless Your Holy Name and we worship and thank you as

Omnipotent

"An Omnipotent God is all powerful - that is having unlimited power and authority. He is Almighty."

"Oh, Lord God! You yourself made the heavens and earth by your great power and with your outstretched arm. Nothing is too difficult for you!"

Jeremiah 32:17

Come near to God in prayer on behalf of:

foster care and support

- **Pray** for children who have lost their parents or who are now in foster care without their birth parents.
- **Pray** for safe, loving, godly permanent homes and families where children can thrive, and healing from any past abuse.
- **Pray** for those social workers and counselors who work to place children in homes. May they be equipped to serve in compassion and wisdom, helping to bring restoration.

Sample Intercession:

Lord, you are a helper of the fatherless and desire to strengthen their hearts. We ask that you do justice for the fatherless and the oppressed.

Psalm 10:14, 18

Action: Write an encouraging note to a social worker within the DHHS or a ministry who serves in this capacity. Develop a relationship with someone who serves in foster care and seek to carry some of their burden.

Our Father in Heaven, we bless Your Holy Name and we worship and thank you as

Provider

A provider is one who provides; furnishes or supplies what is needed.

"The earth is full of your creatures... All of them wait for you to give them their food at the right time. 28 When you give it to them, they gather it; when you open your hand, they are satisfied with good things."

Psalm 104:24, 27-28

Come near to God in prayer on behalf of:

poverty and financial struggle

- **Pray** that God will meet the needs of those without work in a way that they can clearly thank God for His provision.
- **Pray** for available programs in your area for those in need, connecting them to transformative, dignifying work.
- **Pray** for a Christ-centered resource center in your community to be established and to be a place where individuals and families can find help and hope in difficult circumstances.

Sample Intercession:

Scripture: Lord, be _____'s helper and sustain his/her life. I ask that you will meet all _____'s needs according to the riches of Your glory in Christ Jesus. -

Psalm 54:4; Philippians 4:19

Action: Take action in the capacity that God has given you to actively engage in recovery, life and technical skills development, and relationship building with someone in your life to witness the love of Jesus in your community.